Developmental Checklist for Growing Children

Here's what you can expect your child to be doing from birth to age three.

At 3 months of age, most babies:

- turn their head toward bright colors and lights
- move both eyes in the same direction together
- recognize bottle or breast
- respond to their mother's voice
- make cooing sounds
- bring their hands together
- wiggle and kick with arms and legs
- lift head while lying on their stomach
- become quiet in response to sound, especially to speech
- smile



At 6 months of age, most babies:

- follow moving objects with their eyes
- turn toward the source of normal sound
- reach for objects and pick them up
- switch toys from one hand to the other
- play with their toes
- help hold the bottle during feeding
- recognize familiar faces
- imitate speech sounds
- respond to soft sounds, especially talking
- roll over

At 12 months of age, most babies:

- get to a sitting position
- pull to a standing position
- stand briefly without support
- crawl
- imitate adults using a cup or telephone
- play peek-a-boo and patty cake
- wave bye-bye
- put objects in a container
- say at least one word
- make "ma-ma" or "da-da" sounds

At 18 months of age, most children:

- like to push and pull objects
- say at least six words
- follow simple directions ("Bring the ball")
- pull off their shoes, socks and mittens
- can point to a picture that you name in a book
- feed themselves
- make marks on paper with crayons
- walk without help
- walk backwards
- point, make sounds, or try to use words to ask for things
- say "no," shake head or push away things they don't want

At 2 years of age, most children:

- use two-to three-word sentences
- say about 50 words
- recognize familiar pictures
- kick a ball forward
- feed themselves with a spoon
- demand a lot of your attention
- turn two or three pages together
- like to imitate their parent
- identify hair, eyes, ears, and nose by pointing
- build a tower of four blocks
- show affection

At 3 years of age, most children:

- throw a ball overhand
- ride a tricvcle
- put on their shoes
- open the door
- turn one page at a time
- play with other children for a few minutes
- repeat common rhymes
- use three-to five-word sentences
- name at least one color correctly



Source: http://www.health.ny.gov/community/infants children/early intervention/

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If your child is having trouble doing some of these things, it may put your mind at ease to talk to someone. Early help makes a difference!

Talk with your doctor or call your local Early Intervention Program.

Ontario County: 585-396-4439 **Yates County**: 315-536-5160